

**WOODBURY UNIVERSITY HEALTH SERVICES OFFICE**

7500 Glenoaks Boulevard, P.O. Box 7846, Burbank, California 91510-7846 Tel: 818.252-5238 Fax: 818.771-9821

**USE INK / PLEASE PRINT CLEARLY / STUDENTS MUST COMPLETE ALL 3 PAGES EXCEPT PHYSICAL EXAM PAGE**

\_\_\_\_\_  
Last Name First Middle Date of Birth

\_\_\_\_\_  
Birthplace Ethnicity (optional) Gender SS Number

\_\_\_\_\_  
Home Address Phone Number Religious Affiliation (optional)

**PERSONS TO NOTIFY IN EVENT OF EMERGENCY OR ACCIDENT:**

\_\_\_\_\_  
Last Name First Middle Relationship

\_\_\_\_\_  
Address Telephone

**CONSENT:**

I hereby give permission for such diagnostic, therapeutic, preventive, minor operations, and emergency procedures as may be deemed necessary.

\_\_\_\_\_  
Student (If under Age 18 years Parents or Legal Guardian Must Sign below) Date

\_\_\_\_\_  
Mother Father

**HEATH INSURANCE INFORMATION:**

\_\_\_\_\_  
Name of Health Insurance

\_\_\_\_\_  
Current Primary Health Provider Telephone

\*I hereby give permission between Woodbury University Health Services and my primary health provider regarding my medical information for the purpose of clarification and collaboration.

\_\_\_\_\_  
Signature Date

**IMMUNIZATIONS: MUST BRING COPY OF CURRENT IMMUNIZATIONS TO PHYSICIAN FOR REVIEW**

\_\_\_\_\_  
Meningococcal Dates

\_\_\_\_\_  
Tetanus Toxoid (Td) Dates

\_\_\_\_\_  
Varicella (1-2 doses) Dates

\_\_\_\_\_  
Polio (3 doses) Dates

\_\_\_\_\_  
Measles (2 doses) Dates

\_\_\_\_\_  
Mumps (1 dose) Dates

\_\_\_\_\_  
Rubella (1 dose) Dates

\_\_\_\_\_  
Hepatitis A (2 doses) Dates

\_\_\_\_\_  
Hepatitis B (3 dose series or 2 dose) Dates

**ALLERGIES:** \_\_\_\_\_ List all drugs, food, environmental factors, or other agents to which patient is sensitive

## HEALTH HISTORY

(To be completed by Student)

\* Use remarks area below for additional comments.

Check and list year of illness after any of the following you have had. Describe any complications or effects still present under remarks.

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Chicken Pox              | <input type="checkbox"/> Encephalitis         | <input type="checkbox"/> Intestinal Parasitic | <input type="checkbox"/> Rheumatic Fever  |
| <input type="checkbox"/> German Measles           | <input type="checkbox"/> Infectious Hepatitis | <input type="checkbox"/> Infection            | <input type="checkbox"/> Diabetes         |
| <input type="checkbox"/> Infectious Mononucleosis | <input type="checkbox"/> Meningitis           | <input type="checkbox"/> Kidney disease       | <input type="checkbox"/> Seizure Disorder |
| <input type="checkbox"/> Measles                  | <input type="checkbox"/> Amebiasis            | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Heart Disease    |
| <input type="checkbox"/> Mumps                    | <input type="checkbox"/> Anemia               | <input type="checkbox"/> Pleurisy             | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Scarlet Fever            | <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Tonsillitis          | <input type="checkbox"/> *Other           |

Check the following conditions and/or complaints you have had or subject to at the present time.

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Head injury          | <input type="checkbox"/> Swelling of feet or ankles  | <input type="checkbox"/> Difficulty with urination | <input type="checkbox"/> Skin disease             |
| <input type="checkbox"/> Frequent headaches   | <input type="checkbox"/> Shortness of breath         | <input type="checkbox"/> Sugar or albumen in urine | <input type="checkbox"/> Depression               |
| <input type="checkbox"/> Visual difficulty    | <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Hernia                    | <input type="checkbox"/> Suicide attempts         |
| <input type="checkbox"/> Difficulty hearing   | <input type="checkbox"/> Chronic cough               | <input type="checkbox"/> Abdominal cramps          | <input type="checkbox"/> Phobias                  |
| <input type="checkbox"/> Draining ears        | <input type="checkbox"/> Loss of weight              | <input type="checkbox"/> Severe Acne               | <input type="checkbox"/> Alcohol abuse/dependency |
| <input type="checkbox"/> Sinus trouble        | <input type="checkbox"/> Boils                       | <input type="checkbox"/> Convulsions               | <input type="checkbox"/> Drug abuse/dependency    |
| <input type="checkbox"/> Hay fever            | <input type="checkbox"/> Frequent colds              | <input type="checkbox"/> Paralysis                 | <input type="checkbox"/> Eating disorder          |
| <input type="checkbox"/> Frequent sore throat | <input type="checkbox"/> Persistent backache         | <input type="checkbox"/> Fainting spells           | <input type="checkbox"/> Anxiety/Panic            |
| <input type="checkbox"/> Any unusual bleeding | <input type="checkbox"/> Disease or injury of joints | <input type="checkbox"/> Dizziness                 | <input type="checkbox"/> *Other                   |
| <input type="checkbox"/> Menstrual problems   | <input type="checkbox"/> Jaundice                    | <input type="checkbox"/> Difficulty sleeping       |   |
| <input type="checkbox"/> Heart murmur         | <input type="checkbox"/> Chronic diarrhea            | <input type="checkbox"/> Digestive upsets          |   |

List surgical operations with dates \* \_\_\_\_\_

List serious accidents or injuries with dates\* \_\_\_\_\_

List medications taken at present (including home remedies)\* \_\_\_\_\_

Do you drink alcohol \_\_\_\_\_ How many times a week/month/year \_\_\_\_\_

Do you use street or prescription drugs? \_\_\_\_\_ Type \_\_\_\_\_ Frequency \_\_\_\_\_

Do you smoke cigarettes? \_\_\_\_\_ Number of cigarettes per day \_\_\_\_\_ Years you have smoked \_\_\_\_\_

Has your physical activity been limited now or in the past? Why? \* \_\_\_\_\_

Describe your general sleep patterns \* \_\_\_\_\_

Please describe your state of health now \* \_\_\_\_\_

Please describe any physical, mental, or emotional problems not mentioned above \_\_\_\_\_

### FAMILY HISTORY:

Check the following conditions/disorders if any member of your family has had, or is subject to at the present time.

- |  |   |
|--|---|
| <input type="checkbox"/> Migraine            | <input type="checkbox"/> Bipolar disorder       |
| <input type="checkbox"/> Blood disease       | <input type="checkbox"/> Thyroid disease        |
| <input type="checkbox"/> Allergy             | <input type="checkbox"/> Alcohol/other drug     |
| <input type="checkbox"/> Gout                | <input type="checkbox"/> dependence             |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Schizophrenia          |
| <input type="checkbox"/> *Other              | <input type="checkbox"/> Suicide                |
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Major depression       |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Anxiety/Panic disorder |
| <input type="checkbox"/> Kidney Disease      |   |
| <input type="checkbox"/> Epilepsy            |   |
| <input type="checkbox"/> Tuberculosis        |   |
| <input type="checkbox"/> Rheumatic Fever     |   |
| <input type="checkbox"/> Stomach trouble     |   |
| <input type="checkbox"/> Eating disorder     |   |

**PHYSICAL EXAM:**

**All sections must be completed if not, form will be returned to student.**

To the Physician: Please review the history filled in by the student and add or complete anything of significance. After a complete physical examination, we would appreciate your evaluation of the student's physical and emotional status, both for the student, and as a basis for his/her continuing medical care. No student who is otherwise qualified will be denied admission because of health conditions.

_____	_____	_____	_____
Height	Weight	Blood Pressure	Pulse
<u>R 20/</u> _____	<u>L20/</u> _____	<u>R20/</u> _____	<u>L20/</u> _____
Vision: Uncorrected		Corrected	

_____	_____	_____
Tuberculin skin test / PPD (must be within 6 months prior to moving on campus)	Date	mm of induration Results
<b>(Mandatory for On - Campus Residents, Off - Campus Housing and International Students)</b>		

_____	_____	_____
Chest x-ray (required within 6 months if PPD skin test is positive)	Date	Report

_____	_____	_____	_____
Urinalysis	Alb.	Sugar	Micro

_____	_____
Hemoglobin (Women Only)	Grams per 100 cc.

	Normal	Abnormal	*Please describe any abnormalities.
Head, EENT			
Neck, nodes			
Cardiovascular			
Respiratory			
Breasts			
Genitourinary			
Gastrointestinal			
Neurologic			
Integumentary			
Endocrine			
Musculo-skeletal			

\* Please describe any significant problems \_\_\_\_\_

\* Please describe any current treatment and recommended further examinations or treatment \_\_\_\_\_

Recommendation for physical activity (check one)     Unlimited     Limited: Please explain \_\_\_\_\_

**Immunization and Allergy Record on page 1 has been verified.**     Please Check

\_\_\_\_\_  
Signature of Physician Date

\_\_\_\_\_  
Address Telephone

PHYSICIAN'S NOTES:

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Meningitis Vaccine  
Know Your Risk  
Learn About Vaccination

Certain college students are at increased risk for Meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningitis.

In fact, freshmen living in dorms are found to have a sixfold increased risk for the disease. A U.S. health advisory panel recommends that college students, particularly freshmen living in dorms, learn more about meningitis and vaccination.

- What is Meningococcal meningitis? Meningitis is rare. But when it strikes, this potentially fatal bacterial disease can lead to swelling of fluid surrounding the brain and spinal column as well as severe and permanent disabilities, such as hearing loss, brain damage, seizures, limb amputation and even death.
- How is it spread? Meningococcal meningitis is spread through the air via respiratory secretions or close contact with an infected person. This can include coughing, sneezing, kissing or sharing items like utensils, cigarettes and drinking glasses.
- What are the symptoms? Symptoms of Meningococcal meningitis often resemble the flu and can include high fever, severe headache, stiff neck, rash, nausea, vomiting, lethargy and confusion.
- Who is at risk? Certain college students, particularly students who live in dormitories or residence halls, have been found to have an increased risk for Meningococcal meningitis. Other students can also consider vaccination to reduce their risk for the disease.
- Can meningitis be prevented? Yes. A safe and effective vaccine is available to protect against four of the five most common strains of the disease. The vaccine provides protection for approximately three to five years. As with any vaccine, vaccination against meningitis may not protect 100 percent of all susceptible individuals.
- For more information: To learn more about meningitis and the vaccine, ask your healthcare professional. You can also visit the Centers for Disease Control and Prevention (CDC) websites at: [www.cdc.gov/ncidod/dbmd/diseaseinfo](http://www.cdc.gov/ncidod/dbmd/diseaseinfo), and the American College Health Association, [www.acha.org](http://www.acha.org).

**WAIVER:** I have read the above and the attached information/brochure about the risks meningitis. I have had the opportunity to ask questions to my healthcare provider and have made an informed decision to accept/decline the meningitis vaccine.

\_\_\_\_\_ I request the vaccine be given by Woodbury University Health Services Office  
For more information on how to obtain this vaccine and the fee; contact the campus nurse at (818) 252-5238

\_\_\_\_\_ I decline the vaccine because I have already had it (date) \_\_\_\_\_

\_\_\_\_\_ I have discussed the risks with my healthcare provider and decline the vaccine

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_